

## SELF DEFENCE AWARENESS PROGRAMME



**yuvakshētra**  
Institute of Management Studies (YIMS)  
Ezhakkad, Mundur, Palakkad - 678631, Kerala  
ACCREDITED BY NAAC WITH B+ GRADE (1<sup>st</sup> CYCLE)  
Affiliated to the University of Calicut & Managed by the Diocese of Palghat

**IQAC and Women development cell  
in association with PG Department of Commerce - Taxation wing**

### “Confidence Guard Mastery” - Unleashing Confidence through Self- Defence

Date: 18/01/2024  
Time : 10 AM to 11.30 AM  
Venue: Yuvachethana hall

**Ashrafmukkattil**  
5th Dgree black belt Chief  
Instructor - Kerala Shotokan  
karate

**Organising committee**  
Director : Rev. Dr. Mathew George Vazhayil  
Principal : Dr. Tom Antony  
Vice Principal : Rev. Dr. Joseph Ollikkoonal  
Women Development Cell Convenor: Ms. Sreeja T S  
Section Head, B.com Taxation: Dr. Ramya J

**Programme Coordinator**  
Ms Akhila P  
Assistant Professor, YIMS  
WDC - Department Coordinator

**Student Coordinator**  
Anupama P

Mr. Ashraf Mukkattil, 5th Dgree Black Belt, Chief Instructor- Kerala inaugurated and handled the session titled "Confidence Guard Mastery"- Unleashing Confidence through Self- Defence" organised by PG Department of Commerce-Taxation wing.

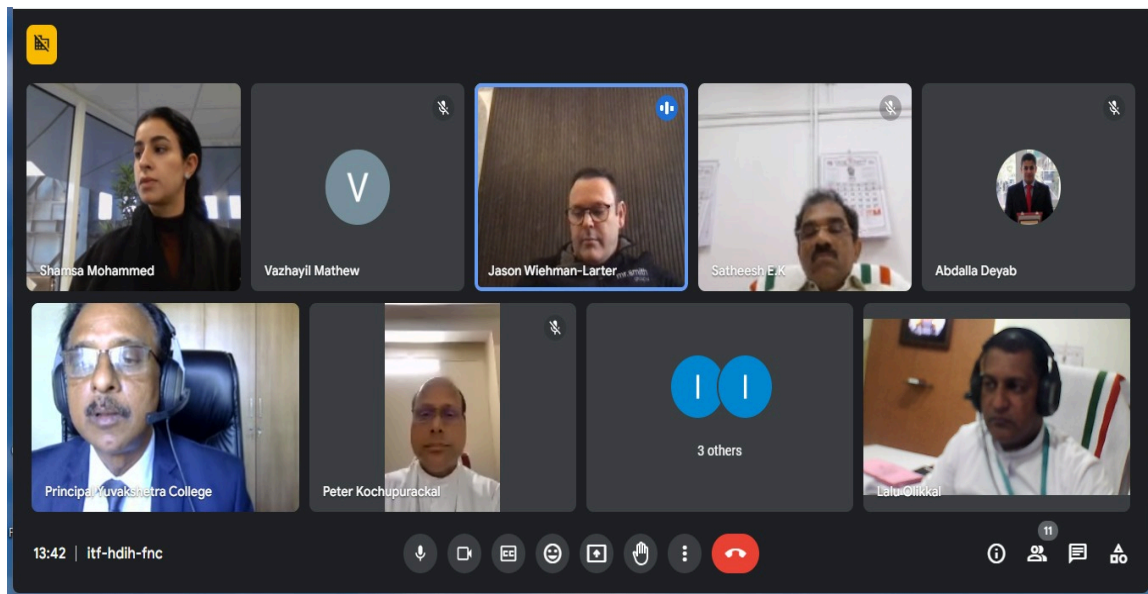
## CONGRATULATIONS

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**SHIFANA K.M**  
II Msc. Geography

**RECEIVES CHIEF MINISTER'S SCHOLARSHIP FOR HER  
ACADEMIC PROFICIENCY**

## ONLINE MEETING HELD



Regarding the WDS (World Defence Show) Narration, Actualities, and Future Collaborations, an online meeting was held.

## WALL PAINTING AT MALAMPUZHA



Students of YIMS participated in wall painting held at Malampuzha Garden organized by Collectorate Palakkad.