

MENTAL HEALTH AND AWARENESS PROGRAMME



yuvakshētra
 Institute of Management Studies (YIMS)
 Ernakulam, Kerala
 ACCREDITED BY NAAC WITH B+ GRADE (1ST CYCLE)
 Affiliated to the University of Calicut & Managed by the Diocese of Palghat

PG DEPARTMENT OF PSYCHOLOGY
 IN ASSOCIATION WITH
 SHALOM INSTITUTE OF MENTAL HEALTH AND RESEARCH
 &
 MANOMITHRA INSTITUTE OF MEDICAL SCIENCES
**MENTAL HEALTH RALLY AND
 AWARENESS PROGRAMME**

On the occasion of
World Mental Health Day, Oct 10th

flag off at
 District hospital,
 palakkad

10. 10. 2023,
 9:30 am

Organising committee
 Rev. Dr. Mathew George Vazhayil,
 Director, YIMS
 Dr. Tomy Antony, Principal, YIMS
 Rev. Dr. Joseph Ollikkalkoonal,
 Vice Principal, YIMS
 Rev. Dr. Gimmi Antony AKkattu,
 HOD, PG Dept. of Psychology, YIMS

Program Coordinators
 Ms. Neethi Rose Anto
 Ms. Amritha M
 Asst. Professors,
 PG Dept. of Psychology, YIMS



The Department of Psychology, IQAC, YIMS in Association with Shalom Institute of Mental Health and Research and Manomitra Institute of Medical Science, organized Mental Health Rally and Mental Awareness Programme on 10/10/2023.

CONGRATULATIONS



YIMS defeated Ceedac, kooltappuram by two goals.