

ARTICLE PUBLISHED

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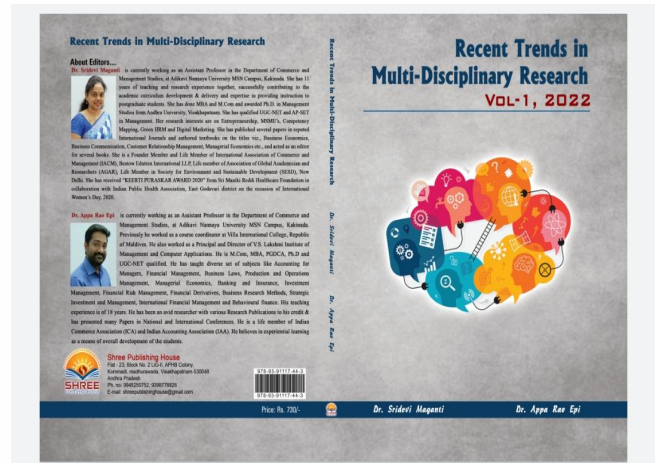
Chapter
5A STUDY ON JOB STRESS AMONG PRIVATE
SECTOR BANK EMPLOYEES IN PALAKKAD CITY

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Abstract : Stress is a natural physical response to perception of a stimulus; it has an evolutionary purpose; the need is to protect and innade 'Flight to fight' aspects of the nervous system when battling for survival. The stress releases the adrenaline that fights. The main objective is to study and quantify the job stress amongst employees in private sector banks. Sample of 200 employees are selected by applying random sampling technique. The study concluded that employees are depressed by their working environment and they have plenty of opportunities to perform and prove my ability for career growth.

Keywords: Job Stress, physical, psychological, career growth



An Article has been published by Ms. Keerthi MS (Assistant professor department of commerce) in the book titled, "Recent Trends in Multi-Disciplinary Research".

INDUSTRIAL VISIT TO KAMCO FACTORY



The Department of Management in association with IQAC conducted an Industrial Visit for the Second BBA students on 24th November 2022 to Kamco Factory, Ernamkulam. 64 students along with 2 staff members visited Kamco Factory.

RESEARCH ARTICLE PUBLISHED IN IJIAR



Research article has been published by Ms. Nimy K C, (Assistant Professor, Department of Commerce CA) in the International Journal of Innovative and Applied Research (IJIAR).

LIBRARY ORIENTATION



The poster is for a 'LIBRARY ORIENTATION 2022' event. It is organized by the PG DEPARTMENT OF COMMERCE at YIM S (Yuva Kshetra Institute of Management Studies) in Ezhakkad, Mundur, Palakkad, Kerala. The event is held on Thursday, 24 November 2022, at the Smart class, Jubilee Block, from 9:30 am. The resource person is Mr. Christo Somi, Librarian, YIMS. The organizing committee includes Rev. Dr. Mathew George Vazhayil (Director), Dr. Tomy Antony (Principal), Rev. Dr. Joseph Olikkalkoonal (Vice Principal), and Dr. Matilda Danny (HOD). The program coordinators are Sreeraj MK, Emil Joseph & Jisha Vijay, Assistant Professors, YIMS.

PG Department of Commerce, in association with IQAC organized LIBRARY ORIENTATION for the students of the department. The resource person for the programme was Mr. Christo Somi Librarian, YIMS.